

JCC FALL AQUATICS SCHEDULE

September 6 - December 31, 2022

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------|--|--|--|--|---|--|--|
| 6:00 AM | | ADULT ONLY Lap Swim Lanes Only 6 AM - 9:45 AM | ADULT ONLY Lap Swim Lanes Only 6 AM - 9:45 AM | ADULT ONLY Lap Swim Lanes Only 6 AM - 9:45 AM | ADULT ONLY Lap Swim Lanes Only 6 AM - 9:45 AM | ADULT ONLY Lap Swim Lanes Only 6 AM - 9:45 AM | Adding or removing a lap lane is at the discretion of the lifeguard |
| 7:00 AM | | | | | | | |
| 8:00 AM | ADULT ONLY 8:00 AM - Noon Children's lessons in session | | | | | | |
| 9:00 AM | | Water Exercise Class 9:00-9:45 AM | Water Exercise Class 9:00-9:45 AM | Water Exercise Class 9:00-9:45 AM | Water Exercise Class 9:00-9:45 AM | Water Exercise Class 9:00-9:45 AM | |
| 10:00 AM | | CLOSED 10-11:00 | CLOSED 10-11:00 | CLOSED 10-11:00 | CLOSED 10-11:30 | CLOSED 10-11:00 | |
| 11:00 AM | | | | | | | |
| 12:00 PM | OPEN SWIM Children & Adult 12:00 - 3:45 PM | ADULT SWIM ONLY 11:00 - 2:00 PM | OPEN SWIM Children & Adult 11:00-3:45 PM | ADULT SWIM ONLY 11:00 - 2:00 PM | OPEN SWIM Children & Adult 11:30-2:30 PM | OPEN SWIM Children & Adult 11:00 - 3:45 PM | |
| 1:00 PM | | | | | | | |
| 2:00 PM | | | | | | | |
| 3:00 PM | Pool Closes at :345 pm | OPEN SWIM Children & Adult 2:00-7:45 PM | | OPEN SWIM Children & Adult 2:00-7:45 PM | CLOSED 2:30-5:00 | | |
| 4:00 PM | | | CLOSED 4-5:00 PM | | | | |
| 5:00 PM | | | OPEN SWIM Children & Adult 5:00-7:45 PM | | ADULT ONLY 5:00-7:45 pm Childrens lessons in session | | |
| 6:00 PM | | | | | | | |
| 7:00 PM | | | | | | | |
| 8:00 PM | | | | | | | |

*Kids Connection swims on days off from school from 2:00-3:30pm. Pool birthday party rentals may occur
Sundays 9:30-10:30 am or 1:30-2:30 pm. Call ahead to confirm*